

**OHIO DEVELOPMENTAL DISABILITIES COUNCIL
CHILDREN AND HEALTH COMMITTEE**

June 3, 2021

Zoom

MINUTES

Members

DENLINGER, Michael	X
GEORGE, Jackie	X
HALL-ROLLINS, Michelle, Vice-Chair	X
HARRISON, Matt	
KRABILL, Bobbi	X
RABIDOUX, Paula	
RADLER, Jill	
RICE, Rachel. Chair	X
RICH, Rhonda	
RIDDLE, Ilka	
SMITH, Mark	
YOUNG, Jodi	X

STAFF

Carolyn Knight

Rebecca Bates

Gilbrina Dillon

Fatica Ayers

Paul Jarvis

Gary Groom

GUESTS

Eric Rathburn

Kristin Hildebrandt

Call to Order and Approval of Minutes: Chairman Rachel Rice called the meeting to order at 12:45 pm with the roll call.

There was not a quorum during the meeting and therefore we could not approve the meeting minutes. Since there was not a quorum, we were advised that we could meet as if we were a sub-committee by Paul Jarvis according to rules and we did proceed with out meeting at this point.

Announcements

- Rachel Rice announced she was elected vice-chair of the UCCED CAC advisory panel. Rachel and Michael Denlinger also provided information on what the activities of the CAC committee are and its overall purpose.
- Jackie George let the group know that all three DODD waivers had been out for public comment this past spring and the applications were submitted to CMS for approval. All three have been approved and will be effective July 1.
- Rebecca Bates (staff) shared information about the Nursing Document that she helped create with Amy Clawson as part of the work with the Nursing Coalition. It was viewed but was not share due to wanting to share it with the Nursing Coalition first. Comments were given about changes.
- Rochelle Hall-Rollins announced that Children’s Hospital in Northwest Ohio will be transitioning over to Nationwide Children’s Hospital.
- Rebecca Bates (staff) provided information from the Bidder’s Conference as well as information on the number of people that have started applications.
- Michael Denlinger announced that as Chair of the Council he is going to start an initiative to reach out to the un/underserved counties in the state to make sure that folks are aware of us throughout the state and that he would like to invite people from those counties to come and present to Council to let them know of the particular needs of the disability community in their county.

Public Comment Discussion of Plan Language

- Come Together
 - Original Plan Language Goal was changed to include technology which was in the agreed upon goals by the Council but was left out when creating plan language.
 - Also added language to allow resources to be accessed not just advocates.
- Inclusive Recreation
 - Original Plan Language Goal was changed to include technology which was in the agreed upon goals by the Council but was left out when creating plan language.

Speaker-Maryellen Daston-Healthy Lifestyles for People with Disabilities Grant

Main Topics in presentation

- Provided overview of Project Search

What is Project SEARCH?

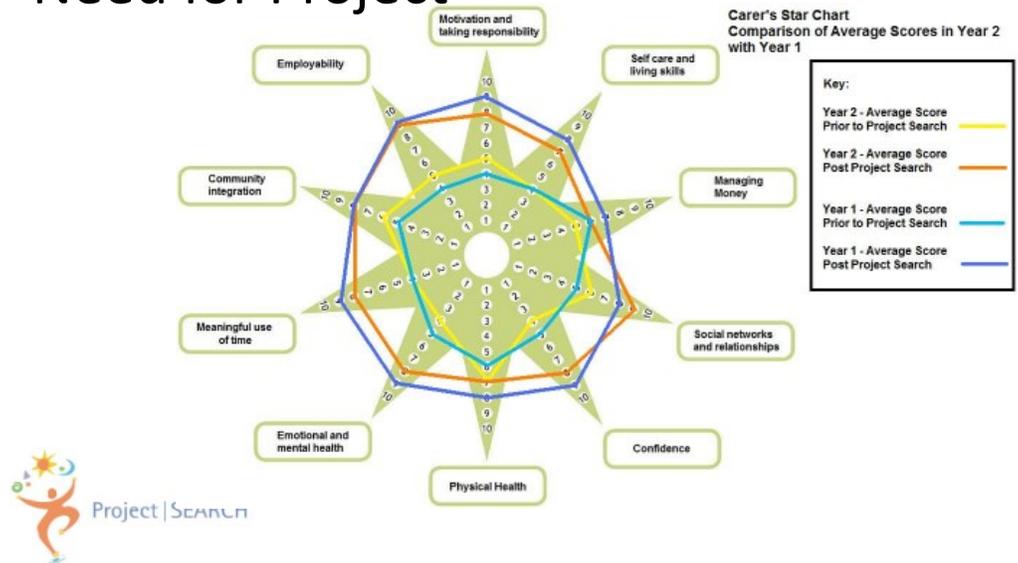
Project SEARCH is a one year, transition -to-work program for young people with intellectual and developmental disabilities.

- Goal of competitive employment.
- Total workplace immersion.
- Internship rotations for career exploration and job skills training.
- Customized jobsearch assistance.



- Reviewed research by study done by the Scottish Government that showed a need for the enhanced health information sections as part of Project Search.

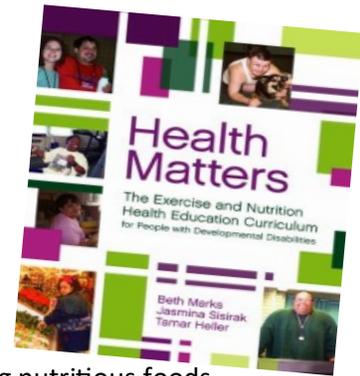
Need for Project



- Provided an overview of the Health Matters Curriculum.

Health Matters: The Exercise and Nutrition Health Education Curriculum

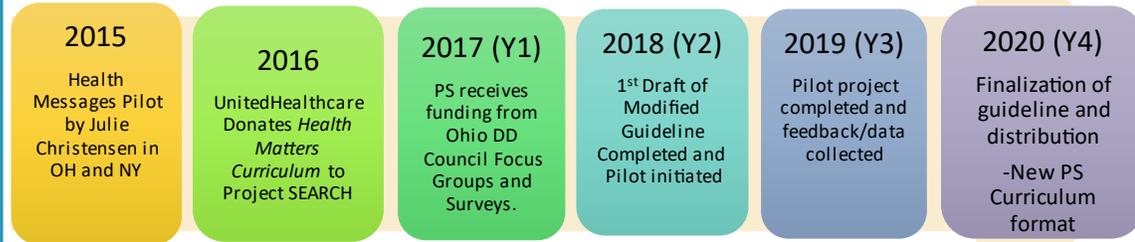
- Evidenced-based curriculum for adults with I/DD
- 36 interactive lessons w/ 23 additional lifelong learning lessons:
 1. Understand attitudes toward health, exercise and nutrition.
 2. Identify current behaviors.
 3. Develop clear exercise and nutrition goals and stick to them.
 4. Gain skills and knowledge about exercising & eating nutritious foods.
 5. Support each other during class.



You can buy the book here: [link to purchase HealthMatters Book](#)

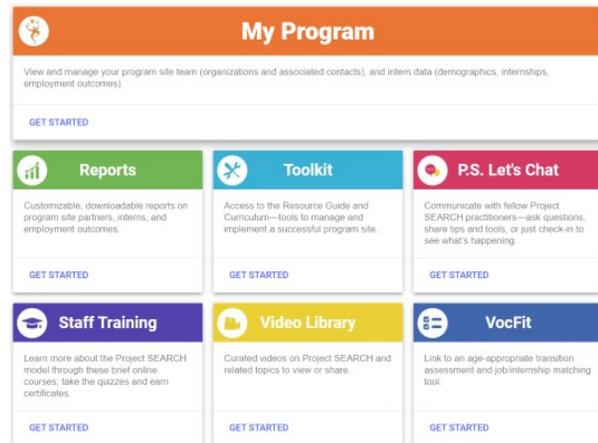
- Provided a timeline of the Healthy Lifestyles Project.

Background



- Provided and overview of the Project Search Member Portal

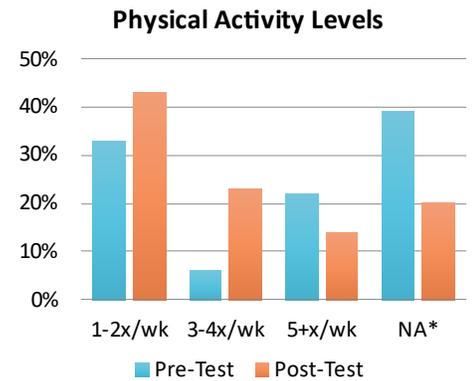
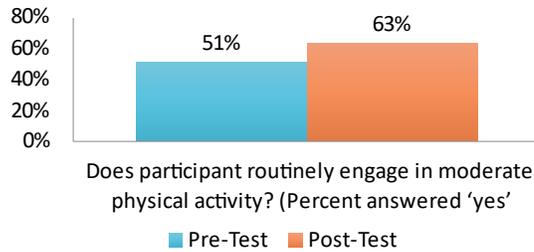
Project SEARCH Member Portal



- Overview of the pre/post test results for Project Search participants with regards to physical activity level. These were not statistically significant due to small sample size. But results were promising.

Physical Activity Results:

Sample: n(1)=52, n(2)=38 (**27% attrition)



Project |SEARCH*

Full results: https://drive.google.com/file/d/1ZncTcV_w9fkBZL4lrwPAoBtUpCNJ4-gW/view?usp=sharing

- Discussion of how they updated the Health Matters Curriculum to fall into the Project Search guidelines based on feedback from stakeholders including students.

Revised HealthMatters Guidelines

- Reference to specific lessons in the Health Matters Curriculum
- Age-appropriate content
- Supplemental resources
 - Online resources
 - Applications
 - Additional Handouts
 - Infographics
- Intentional links to how health affects and can support employment.



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- Reviewed the new Health Matters curriculum lesson plans integrated into the employability curriculum.

New Look!

- Uniform lesson plan to match the employability curriculum



Lesson #1: Introduction to Health Matters



Curriculum Unit: Health & Wellness	Time: 1.5 Hour	Date and Location:
Implementation Time Frame: This is the first lesson and would be best if completed during the first few weeks of the start of the program. There is more flexibility with the following lessons as you progress through the curriculum.		
Notes to Instructor:		
<ul style="list-style-type: none"> • Address "Just Right Challenge" for skill layering and other opportunities for high expectations • Reference goal of employment: competitive integrated employment (16+ hours, etc.) 		
Lesson Summary:		
This lesson is an introduction to what health is and to gain insight into your interns' attitudes and perspectives about their health. The interns will be responsible for establishing SMART goals to improve their physical, nutritional, and/or mental health. Highlight the importance of one's health in relation to their ability to work.		
Glossary: refer to Handout "Definitions of Health"		
STEP ONE: Pre-Planning/Pre-Activities:		
Prepare individual folders/binders: <ul style="list-style-type: none"> • Prepare handouts: (see below) 		
Prepare the interns about what is coming <ul style="list-style-type: none"> • Create excitement by sharing a little information on what to expect 		
Prepare the location: <ul style="list-style-type: none"> • Prepare an open space to conduct the comfort zones activities. 		
Who Should Attend the Lesson		
<ul style="list-style-type: none"> • Instructors • Interns • Skills Trainers 		
What you will need: Materials & Resources		
Handouts:	<ol style="list-style-type: none"> 1. Definitions of Health 2. What is healthy to me? 	
Technology:	N/A	
Other materials needed for activities:	<ul style="list-style-type: none"> • Binder/Folder for handouts 	

- Discussed plans for 2021 which includes a video to encourage Health Matters use in Project Search as well as other transition programs. Also discussed how they are going to disseminate the information that created over the course of the grant. They are also going to be assessing the usage of the curriculum and compare the outcomes. They are also working on piloting and expanding the Virtual Coach program.

Plans for 2021: Create Video

- Working with ACG, a Cincinnati media production company
- First draft of script is complete
- Video will talk about the HealthMatters curriculum and how to incorporate it into Project SEARCH and other transition programs
- Will be included in Project SEARCH Academy, a collection of online staff-training videos offered via Project SEARCH Member Portal



- One of the deliverables for this project is to provide to DD Council all the tools that they are using so that this curriculum can be distributed to other transition programs for the use of other outside of Project Search.
- Rochelle Hall-Rollins provided feedback on how important it is to stress that a healthy lifestyle can contribute to other important things such as a reduction in health insurance costs.
- Maryellen also commented that the hope is that if this curriculum is used it can make students more comfortable using health care facilities that employers might offer or having employer health care facilities more accessible.
- Committee members expressed their appreciation for the presentation and for Project Search and how successful the program has been.

Technology Discussion

Kim could not attend the meeting on today's date for a technology discussion.

Adjournment: We had no quorum, so the meeting concluded without a motion.

Next meeting Date

Our next meeting for the Council will be in August for the grant review panels.