THE FUTURE IS NOW
future planning sessions for families with an older caregiver

COMING IN 2020!

The Future is Now is a multi-part series designed to help older caregivers and their family members make plans for the future. Throughout the series, families get help to create a letter of intent, a non-legal document that captures family desires and goals for the future. Creating a letter of intent can help families gain peace of mind that comes with having a plan.

Each session offers an opportunity to learn about important topics:

- Hopes, dreams, and worries for the future
- Expanding personal networks
- Maximizing public benefits (SSI/SSDI/Social Security)
- Future living arrangements
- Supports for older caregivers
- Keepers of the dream

**APRIL**
April 18 and 25 from 9 AM to 3 PM

**JUNE**
June 23, 25, 30 and July 2 from 6 to 8:30 PM

**SEPTEMBER**
September 15, 17, 22, and 24 from 6 to 8:30 PM

**WHO CAN ATTEND?**
These sessions are specifically designed for families that include a member with disability whose caregiver is age 60 or older. All members of the family are encouraged to attend, including caregivers, the family member with a disability, siblings, and close family friends.

**HOW WILL IT WORK?**
Sessions will be hosted by a family member and a person with a disability who have had training and experience planning for the future. Participation will be limited to ten families.

Breakout sessions, co-led by an advocacy team will be offered for the family members with a disability. Caregivers will have their own session. Expert speakers will present on the topics listed above. Family members will have a chance to ask questions and interact with one another.

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